

The different stages in my life

- 1961-1980** Munich
1980-1985 Eßlingen / Stuttgart
1985-1990 Ruhr Area: Herdecke and Wattenscheid
1990-2001 Kenia, Ostafrika, during that time I spent one year in East Sussex, England and 6 months in Tanzania
2001-2008 Munich
2008-2010 Prien at Lake Chiemsee (Germany)
2016 - until today Munich

Travels: I travelled to England several times, as well as to South Africa, to California, to the East Coast of the USA and to south-East Asia. I went to India and to Egypt once.

University studies and training

- 1980** Studying for elementary school teacher at the teacher training college in Esslingen for three trimesters.
1982 Studying at the Anthroposophical Seminary in Stuttgart.
1985 Receiving the Certificate for Waldorf School pedagogy from the Teacher Training Seminary for Waldorf School teachers in Stuttgart.
1988 Two years extra occupational training for pupils with special needs in Waldorf Schools at the Waldorf School in Wanne-Eickel.
1994 A three month Anthroposophical training course in Forest Row, England.
1996 A three month course on Threefold Social Order in Forest Row, England.
2001 Training for three months as an EDV expert at the Frauen-Computer-Schule (Computer school for women) in Munich.
2002 One year training as an IT-manager at Mediadesign Teleakademie in Munich

Professional activities

- 1985** Co-worker for one year at the adolescent psychiatry in the hospital Gemeinschafts-krankenhaus Herdecke.
1986 Class teacher from form (grade) one to four at the Widar School in Wattenscheid.
1990 For a period of ten years founding, teaching and being a mentor of the first Waldorfinitiatives in East Africa: The Rudolf Steiner School Nairobi,




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the Waldorf Kindergarten Kileleshwa and the Nairobi Waldorf School in Kenya. Construction of an Organic School Farm and the Fair Trade Company Zebaki Ltd., starting to trade with Kenyan art handicraft products; construction of a workshop for the production of dolls and plush toys.

- 1991** Founding and developing of the business Fair Trade Zebaki Ltd, and the trade with arts and crafts articles. Developing a workshop for making dolls and animals of fabric.
1996 The purchase of a lot and the gradual development of Oseki Farm as a place of encounter.
1998 Working as a mentor for six months at the Hekima Waldorf School in Dar-es-Salaam, Tanzania. Founding the association "EATAE" – East African Art and Education. Organizing adult education courses in Kenya.
1999 Development of a project at Oseki Farm where adolescents with special needs could be taken care of. Offering and carrying through journeys in Kenya for groups, with the special emphasis on ecological and social aspects.
2004/2007 Part-time teacher for needle work and music at the Rudolf Steiner School Ismaning. Developing the pupils' business Fair Trade nyendo in Ismaning (Germany). Founding the association "Schüler als Unternehmer e.V." (Pupils as entrepreneurs).
2006 Publishing my book Ein leiser Ruf aus Afrika (engl.: A faint call from Africa) and founding of the publishing company nyendo.
2008 Moving to Prien at Lake Chiemsee and the founding of the travel agency nyendo travel. Registration of nyendo as a trademark in the areas traveling, learning and design.
2010 initiator of the theater piece „Globali- was? Oder Die rote Jacke" (engl.: Globali- what? Or The Red Jacket) about the globalization topic which was first performed at the Freie Waldorfschule Chiemgau in Germany
2012 Foundation of the corporate society nyendo.learning hand in hand with an acknowledged nonprofit constitution. CSR-Certificate for sustainable tourism. Foundation of the partner company nyendo tours ltd. in Kenya
Since then: Further development of the concept nyendo learning with a sustainably touristic corporate concept. Developing a course in social entrepreneurship for senior pupils: nyendo.learning hand in hand. Further construction of the nyendo institute and the first regional network of pupil companies as well as the network of partner schools in East Africa. Expansion of the travel agency, also as a sponsor for nyendo.learning hand in hand.